

The Gazette

News Bits	A2
Events Police Logs	A3
Eat - Live- Buy Local	A8
Editorial Section	B1
Letters	B5
Sports	B7

Marina Wellness Center



Rendering shows the wellness center at left, connected by a glass atrium to a medical office building that will be home to Peninsula Primary Care and other services.



Marina, Calif. — Imagine a place where health, fitness, and medical expertise join forces, and you will be envisioning the 34,000-square-foot wellness center being built in Marina by Community Hospital of the Monterey Peninsula.

The wellness facility will include:

- cardiovascular fitness and rehabilitation area
- indoor lap and therapy pools
- physical, speech, and occupational therapy areas for strength training and classes
- locker rooms

Members will work with medical and fitness experts to develop and follow customized health and wellness programs in a monitored setting.

“More people than ever recognize that there are steps they can take to prevent some diseases or at least slow their progression,” says Dr. Steven Packer, president and CEO of Community Hospital. “Centers like this have been created in more than 1,000 cities across America and we’re pleased to be able to provide this opportunity for our community to make a commitment to health and wellness.”

Ground has been broken and a mid-2011 opening is anticipated. The center will adjoin Community Hospital’s previously announced project in Marina, a 27,500-square-foot medical office building that will **CHOMP on page A7**

