



# We're breaking ground on a whole new approach to wellness.

**At Community Hospital, we are passionate about bringing prevention, health, and wellness to our broader community.**

So it's with great enthusiasm that we introduce a new wellness center coming to Marina — 34,000 square feet devoted to your well-being.

- Cardiovascular fitness and rehabilitation
- State-of-the-art equipment
- Lap pool and therapy pool
- Physical, speech, and occupational therapy
- Strength training
- Fitness classes
- Individualized guidance and monitoring by fitness and medical experts

**Coming to you in 2011.**

### Visit our booth at Marina's Festival of the Winds

See architectural renderings of the wellness center and learn more at Community Hospital's booth.

Marina International Festival of the Winds  
Saturday, May 8, 10 a.m. to 5:30 p.m.  
Sunday, May 9, 10 a.m. to 5 p.m.

Glorya Jean Tate Park  
Reservation Road off Highway 1



**Community Hospital of the Monterey Peninsula®**  
Innovative healthcare with a human touch

## CHOMP

From Page A1

be home to Peninsula Primary Care, a satellite laboratory, X-ray services, and urgent care. The site is a 9.5-acre parcel in Marina at Imjin Parkway and 2nd Avenue, across from the Dunes of Monterey Bay shopping center that includes REI and Target.

The center will focus on people who are interested in managing health risks in a monitored setting with professional guidance, as well as those who are recovering from an acute experience like a heart attack.

completely well," Packer says. "We're all on a continuum, so it makes sense to have a place where people can improve their health and well-being while managing risk factors."

The public can see architectural renderings of the wellness center and learn more about the project at Marina's International Festival of the Winds, Saturday and Sunday, May 8-9 at Glorya Jean Tate Park, Reservation Road near Highway 1.

Community members will also have an opportunity to submit possible names for the center, either at the festival or by going to [www.chomp.org](http://www.chomp.org) for details.

"Most people aren't completely sick or

# Your Full Color Ad Here

Email Us  
[sales@marina-gazette.com](mailto:sales@marina-gazette.com)